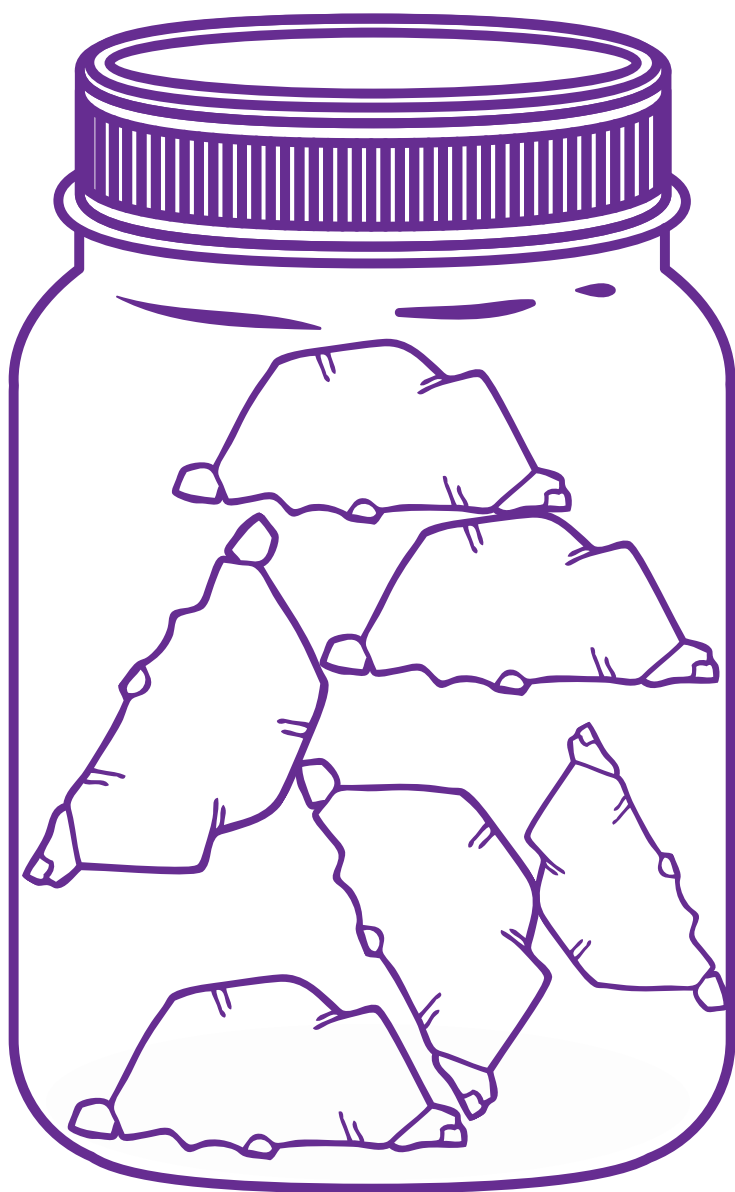


Value Rocks & Eisenhower Matrix

How do we not get caught up in busy work
and accomplish what really matters?



Time To Go **Rock Picking**

These rocks are not in your fields, they are in your heads. They are the priorities – what the late Stephen R. Covey, author of *Seven Habits for Highly Effective People*, calls the "big rocks."

They are the things you need to put into your jar of life first. Then come the pebbles, sand and other demands on your time. They will fill up your life's time container. If you put the sand or pebbles first, you won't have time for the big rocks!

Write down your values or big rocks.
Examples can be: Family Time,
Friendships, Vacation Time, Farm Work

Once you know your values it will be easier to use the Eisenhower Matrix.

Save Valuable Time & Money with the Do's, Decide, Delegate, and Don't Do's

"I have two kinds of problems, the urgent and the important. The urgent [problems] are not important, and the important are never urgent." -Eisenhower

Keeping your rock values in mind, use this chart to fill in tasks in the appropriate category.

